

NEGOTIATION CHECKLIST

FOR EACH ACTIVITY,
RATE INTEREST
3 = YES!
2 = OK
1 = SOFT LIMIT
0 = HARD LIMIT



NAME _____ DATE _____

BONDAGE		
Rope		
Rope (suspension)		
Cuffs (leather / metal)		
Blindfold		
Gag (cloth / ball / ring / tape)		

IMPACT & PAIN		
Spanking		
Flogger		
Paddle		
Cane		
Clamps / clothespins		
Biting / pinching		
Bruises / marks		

SENSATION PLAY		
Ice		
Wax		
Electrical play		
Wartenberg wheel		
Tickling		

SCENARIOS		
Interrogation		
Play kidnapping		
Forced exercise		
Domestic tasks (e.g. cleaning)		

OTHER		
Playing with another sub		
Playing with another Dom		
Taking photos / video		

POWER EXCHANGE (D/S)		
Commands / instructions		
Wearing collar		
Leash		
Kneeling		
Humiliation play		
Verbal degradation (e.g. name calling)		
Choking		
Face slapping		
Hair pulling		
Pet play		
Orgasm control / denial		

CLOTHING		
Being naked		
Corset		
Latex clothing		
High heels		
Chastity belt		
Pet play dress up		

SEXUAL PLAY		
Being touched (breasts, nipples)		
Being touched (pussy)		
Vibrator (external)		
Toys (in pussy)		
Toys (in ass)		
Hand job (giving)		
Oral (giving)		
Oral (receiving)		
Sex (intercourse)		
Sex (anal)		

SAFETY		
Medical conditions / injuries / STDs		
Allergies		
Known triggers		

ANY OTHER IDEAS, LIMITS, COMMENTS OR DETAILS

ANY OTHER IDEAS, LIMITS, COMMENTS OR DETAILS (CONT)